



CHILD'S PLAY

Physical therapy for the child

MIGLIKTUK

Occupational Therapy for the child

NAME: LINDSEY

DIAGNOSIS: DOWN SYNDROME

AGE: 4

Lindsey was been receiving Occupational Therapy for 3 ½ years. She has difficulty with low muscle tone, overall strength, coordination and bilateral hand skills. Lindsey also has difficulty with tactile issues. I have tried to have Lindsey participate in Hippotherapy with Rainbow Connection, but she remains fearful. She is very young and we want to move slowly as she is able to tolerate new challenges.

I started using the Equipony with Lindsey 4 months ago. She calls her “Misty”, which is her name. Lindsey starts each session by pretending to give Misty carrots. She is learning how to approach a horse, feed a horse carrots, practice mounting and grooming. My hope is that when our program opens again in the summer Lindsey’s initial fear will be gone because she has had lots of exposure with the Equipony.



Lindsey in the clinic working on grooming and bilateral hand integration. Here she is brushing Misty’s tail.